The North Carolina, South Carolina and Tennessee Societies of Anesthesiologists present

CAROLINAS & TENNESSEE ANESTHESIOLOGY

2023

EXCELLENCE IN ANESTHESIA

September 15-17, 2023

GROVE PARK INN • ASHEVILLE, NC













Target Audience

Anesthesiologists, certified anesthesiologist assistants, residents, fellows and medical students

Learning Strategies for Participants

At the conclusion of this competency-based activity, the participant should be able to:

- Analyze changes in current and future anesthesia workforce.
- Evaluate how Federal and State legislation/regulation may impact anesthesiologists.
- · Discuss options for anesthesia extenders.
- · Review the impacts on pain and opioid use disorder.
- · Discuss women of impact in anesthesiology.
- Review updates in OB anesthesia and perioperative anemia protocols.
- · Analyze challenges facing ambulatory surgical centers.
- · Evaluate ERAS for spine surgery and fasting guidelines.

Resident Abstract Poster Submissions

Abstracts may be submitted in the categories of Best Original Research, Case Report and Literature Review. Submissions must be received by Monday, August 28, 2023, and sent to Kara Weishaar at kweishaar@smithlaw.com.

Questions?

Kara Weishaar NCSA, PO Box 1676, Raleigh, NC 27602 Office (919) 838-2027 Mobile (301) 651-5655 Fax (919) 821- 6800 kweishaar@smithlaw.com



2023 FACULTY

Program Chairs



Karen Slocum, MD NC Society of Anesthesiologists Providence Anesthesiology Associates Charlotte, NC



Brian Thompson, MD SC Society of Anesthesiologists Anesthesiology Services of Anderson Anderson, SC



Susan Dumas, MD
TN Society of Anesthesiologists
Vanderbilt University
Nashville, TN

Speakers

Chelsea Brady, CAA NAPA American Anesthesiology

Eric Briggs, MD Vanderbilt University

Lane Crawford, MD Vanderbilt University

Rebecca Donald, MD Vanderbilt University

Allison Fernandez, MDJohns Hopkins All Childrens Hospital

John Fiadjoe, MDBoston Children's Hospital

Arun Ganesh, MDDuke University

David Hardman, MD UNC Health

Ronald Harter, MD
The Ohio State University

McCallum Hoyt, MD Cleveland Clinic Elizabeth Malinzak, MD

Duke University Medical Center

Sharon McCartney, MD
Duke University Medical Center

Paul Rieker, MD NAPA American Anesthesiology

Robert Shaw, JD Smith Anderson

Karen Slocum, MDProvidence Anesthesiology Associates

Timothy 'Tim' J. Reeder, MD, MPH, FACEP Vidant Health NC House of Representatives

Bryan Terry, MD Murfreesboro Anesthesia Group TN House of Representatives

David Zvara, MD UNC School of Medicine



2023 **AGENDA**

| FRIDAY | , SEPTEMB | ER 15 |
|---------------|-----------|--------------|
|---------------|-----------|--------------|

| 12:30 – 5:00 pm | Registration & Exhibits | [Grand Ballroom A] |
|-----------------|---|--------------------|
| | General Session Moderator – Susan Dumas, MD (TSA) | [Grand Ballroom B] |
| 2:00 | Welcome and Announcements | |
| 2:10 | Coke vs. Pepsi: Anesthesia Extenders (Chelsea Brady) | |
| 3:00 | Where Have all the People Gone: Confronting Workforce Challenges in the Post-Acute Pandemic ERA (David Zvara) SVMIC CREDIT (TN ATTENDEES) | |
| 3:50 | BREAK WITH EXHIBITORS | |
| 4:10 | Methadone and Buprenorphine: The Intersection of Pain and Opioid Use Disorder (Rebecca Donald) SYMIC CREDIT (TN ATTENDEES) | |
| 5:00 pm | Welcome Reception | [Grand Ballroom A] |

SATURDAY, SEPTEMBER 16

| 6:30 am – 1:00 pm | Registration & Exhibits | [Grand Ballroom A] |
|-------------------|---|--------------------|
| 6:30 | Continental Breakfast- Meeting with Exhibitors | |
| 7:00 am – 2:00 pm | NC Anesthesia Technician Meeting | [Hoover] |
| 9:00 am – 2:00 pm | NC Practice Managers Association Meet | ing [Roosevelt] |
| | General Session Moderator – Karen Slocum, MD (NCSA) | [Grand Ballroom B] |
| 7:15 | Welcome and Announcements | |
| 7:20 | Perioperative Anemia Protocols (SI | haron McCartney) |
| 8:10 | Mindfulness and Resilience (John F | iadjoe) |
| 9:00 | BREAK WITH EXHIBITORS | |
| 9:25 | Women of Impact in Anesthesiolog Fernandez - Moderator (McCallum Hoyt, Elizabeth Malinzak, Rebe | |
| 10:15 | OB Anesthesia Dogmas (What You Were Taught To Do But Should Stop) (McCallum Hoyt) Challenges Facing ASCs (Eric Briggs) ERAS for Spine Surgery (Lane Crawford) | |



2023 AGENDA

| 12:00 pm | Physician Leadership in the State Legislature Rep. Tim Reeder, MD, NC House of Representatives Rep. Bryan Terry, MD, TN House of Representatives | |
|----------|--|----------------------|
| 12:30 | LUNCH ON OWN | |
| 1:30 | Resident Track Moderator – Arun Ganesh, MD LUNCH PROVIDED AT 1 PM * NO CME CREDIT FOR THE RESIDENT TRA | [Wilson] |
| 1:30 | Getting Paid for Your Work: Understanding Anesthesia Billing (David Hardman) | |
| 2:10 | Coke vs. Pepsi: Differences & Similarities of Physician Extenders (Chelsea Brady) | |
| 2:50 | Contracts: Negotiating with a Group or Hospital (Robert Shaw) | |
| 3:30 | Panel Discussion: Evaluating a Prospective Practice (Karen Slocum, Arun Ganesh and Paul Rieker) | |
| 4:00 | Resident Poster Presentations | |
| 6:00 | Family Dinner Reception weather permitting | [Vanderbilt Terrace] |

SUNDAY, SEPTEMBER 17

| 6:30-9:00 am | Registration and Exhibits | [Grand Ballroom A] |
|--------------|---|----------------------|
| 6:30-7:15 am | Continental Breakfast- Meeting with Exhibitors | |
| | General Session Moderator – Brian Thompson, MD (SC | [Grand Ballroom B] |
| 7:15 am | Welcome and Announcements | |
| 7:20 am | Fasting Guidelines (Elizabeth Malinzak) | |
| 8:10 am | ASA Update (Ron Harter) | |
| 9:00 | NCSA Business Meeting – no CN | 1E credit [Hoover] |
| 9:00 | SCSA Business Meeting – no CM | E credit [Roosevelt] |
| 9:00 | TSA Business Meeting – no CME | credit [Taft] |





Credit

The Wake Area Health Education Center (Wake AHEC) designates this live activity for a maximum of 11.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Accreditation Statement: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North

Carolina Medical Society (NCMS) through the joint providership of Wake AHEC and the North Carolina Society of Anesthesiologists. Wake AHEC is accredited by the NCMS to provide continuing medical education for physicians.

Nurse Practitioners: ANCC and the North Carolina Board of Nursing accepts AMA PRA Category 1 Credits™ from the organizations accredited by the Accreditation Council for Continuing Medical Education (ACCME).

Wake AHEC will provide up to 11.75 Contact Hours to participants.

Disclosure: Wake AHEC adheres to ACCME Essential Areas and policies regarding industry support of continuing medical education. Commercial support for the program and faculty relationships within the industry will be disclosed at the activity. Speakers will also state when off-label or experimental drugs or devices are incorporated in their presentations.

Wake AHEC is part of the North Carolina AHEC Program.



2023 REGISTRATION

Registration

- Click to register
- Early Fee \$375; after August 18, 2023 \$400.
- After September 11, 2023 register onsite
- \$75 for Anesthesia Residents, Fellows, Medical Students, and CAAs
- \$20 for practice managers
- Fee will include online handouts and online certificate of completion.
- Continental breakfast, breaks and evening receptions provided.
- Questions? Contact Lue McKnight at Imcknight@wakeahec.org or 919-350-0469 or toll free at 866-341-1814.
- Visit www.wakeahec.org for our ADA statement, and call 919-350-8547 for the inclement weather schedule.

Cancellations & Refunds

Cancellations must be received by 5 pm Monday, August 28, 2023. A \$125 cancellation fee will be deducted from the registration fee if a refund is issued.

Conference Site and Hotel Reservations



290 Macon Avenue Asheville, NC 28804 Tel: 800-438-5800

omnihotels.com

Group: NC Society of Anesthesiologists

• Click to make a reservation

• Group rate: \$359/night

Reservation cutoff date: Friday, August 18, 2023

Due to high demand and time of year, our hotel block at the Grove Park Inn has sold out. We have a few options for you to consider:

 Book at the Grove Park outside our room block. I will keep a list of folks that cancel from the block and add others in as we go.

Click to make a reservation

Book at Newly renovated **DoubleTree by Hilton Asheville Downtown**for our additional room block (\$309/night). The DoubleTree is newly
renovated with a beautiful rooftop restaurant in the heart of downtown
Asheville (a quick 7- minute drive to the Grove Park Inn).

Click to make a reservation